

Cafe
Lattétude[™]
Where Food Comes To Life!

all day menu

Available

Monday to Saturday: 6am - 3pm

Sunday: 7am - 3pm

BREAKFAST

all day everyday

- BIG BREAKFAST** GFO 28.9
Poached, scrambled or fried, bacon, lamb & rosemary sausage, grilled tomato, homemade baked beans, hash brown, sautéed mushrooms, avocado, tomato relish side w toasted sourdough
- LATTETUDE PROTEIN STACK** V | GF 23.9
Sautéed kale, pumpkin, portobello mushroom, grilled haloumi, fresh tomato, red lentil consommé, parmesan & a poached egg
- EGGS IN A NEST** GF 23.9
3 soft dukkah crusted deep fried eggs resting on a nest of baked cardamom & saffron kataif, soft goat cheese, minted kofte, cherry tomatoes & mixed leaves drizzled w aioli
- FETA & AVOCADO SMASH** V | GFO 21.9
Poached eggs, portobello mushroom, tomato relish & kale on toasted rye
- CANADIAN BREAKFAST** 21.9
Fried eggs, bacon, pancakes, caramelised grilled banana, mascarpone cream & maple syrup side
- BACON & EGGS** GFO 14.9
Poached, scrambled or fried, tomato relish side w toasted sourdough
- EGGS ROYALE** GFO 22.9
Poached eggs, English muffin, smoked salmon, fresh baby spinach, grilled pineapple & hollandaise sauce
- BACON EGGS BENEDICT** GFO 20.9
Poached eggs, English muffin, fresh baby spinach, bacon, grilled pineapple & creme fleurette sauce
- PULLED PORK EGGS BENEDICT** GFO 20.9
Toasted bagel, pulled pork, poached eggs, fresh baby spinach, grilled pineapple & seeded mustard hollandaise
- VEGIE BENEDICT** V | GFO 19.9
Poached eggs, English muffin, haloumi, fresh baby spinach, avocado, pineapple & wasabi hollandaise
- EGG WHITE OMELETTE** V 21.9
Spinach, tomato & mushrooms served w toasted sourdough

OMELETTE **GFO** 19.9

Choose 3 fillings: Ham, bacon, feta, tomato, spinach, mushrooms, olives, lamb & rosemary sausage, tasty cheese, served w toasted sourdough

CORN FRITTERS **V** 21.9

Served w rocket, tomato relish, sweet chilli, sour cream & a poached egg

w bacon 24.9

LITTLE POT OF HEAVEN **V | GFO** 19.9

Homemade baked beans, egg, melted tasty cheese & parmesan w toasted sourdough

w lamb & rosemary sausage 22.9

EGGS & TOAST **V | GFO** 11.9

Poached, scrambled or fried w toasted sourdough

ADD ONS

Bacon rashers (2)	3.0	Avocado	3.5
Lamb & rosemary sausage	3.0	Sautéed mushrooms	3.0
Smoked salmon	4.0	Hash brown	2.0
Grilled tomato	3.0	Hollandaise sauce	2.0
Homemade baked beans	3.0	Extra egg	2.0
Grilled haloumi	3.5	Extra toast	2.0

CROISSANT 16.9

Open melt w ham, cheese & tomato served w mixed leaves

BACON & AVOCADO BAGEL 14.9

Served w cream cheese & aioli

SMOKED SALMON BAGEL 16.9

Served w rocket, Spanish onion, cream cheese & capers

TIRAMISU PANCAKES **V** 17.9

Served w fresh strawberries, chocolate ganache, mascarpone cream, raspberry coulis & vanilla gelato

CLASSIC PANCAKES **V** 14.9

Served w maple syrup & vanilla ice cream

Add banana +3.0 **Add strawberries +3.0** **Extra ice cream +1.5**

ACAI GRANOLA **V** 16.9

Served w fresh strawberries, banana, passion fruit & coconut

V Vegetarian

GF Gluten free

GFO Gluten free option upon request

DOUBLE ROASTED MUESLI V	16.9
Served w poached pear, sweet yogurt & milk	
BIRCHER MUESLI V	15.9
Served w caramelised figs, toasted walnuts, corn flakes & yogurt	
APPLE OATMEAL V	15.9
Served w apple compote, roasted hazelnuts & honey	
AMARANTH & COCONUT PORRIDGE V	15.9
Served w pumpkin seeds, blueberries, almonds & honey	
FRESH FRUIT PLATE V	22.9
Served w granola, sweet yogurt & blueberry compote	
TOASTED BANANA BREAD V	12.9
Served w fresh strawberries, mascarpone cream & honey	
TURKISH TOAST OR CIABATTA TOAST V	7.9
Choice of Strawberry Jam, Peanut Butter, Vegemite or Honey	
SOURDOUGH, RUSTIC GRAIN, RYE, RAISIN V	6.9
Choice of Strawberry Jam, Peanut Butter, Vegemite or Honey	
GLUTEN FREE TOAST GF	7.9
Choice of Strawberry Jam, Peanut Butter or Honey	

V Vegetarian

GF Gluten free

GFO Gluten free option upon request

LUNCH

all day everyday

GARLIC BREAD **V** 5.9

CLASSIC TOMATO BRUSCHETTA **V** 10.9

SWEET POTATO FRIES **V** 13.9

Served w sun-dried tomato aioli & sour cream

BEER BATTERED FRIES **V** 11.9

Served w tomato sauce & aioli

Served w sweet chilli sauce & sour cream 13.9

CHICKEN & MUSHROOM KATAIF PIE 19.9

Saffron infused pastry filled w creamy chicken & mushroom served w mixed leaves, grissini, avocado & grapeseed oil

MEDITERRANEAN CHICKEN CURRY COUSCOUS 26.9

Served w Greek salad, marinated artichokes & tzatziki

SOUVLAKI PLATE

Chicken or Lamb

Entree Served w tzatziki, lemon & warm pita bread 19.9

Main Served w Greek salad, beer battered fries, tzatziki, lemon & warm pita bread 29.9

PAN-FRIED SQUID **GF**

Served w mixed leaves, Spanish onion, tomato, caper-berries, lemon & Marie Rose sauce

Entree 16.9

Main 26.9

GARLIC PRAWNS **GFO**

In Napoli sauce served w toasted focaccia & lemon

Entree 18.9

Main 28.9

SIDES **Only w any meal**

Beer battered fries w sweet chilli sauce & sour cream 9.9

Beer battered fries w tomato sauce 7.9

Sweet potato fries w sun-dried tomato aioli & sour cream 9.9

Greek salad 7.9

sliders

WAGYU BEEF SLIDERS (3)	18.9
Melted tasty cheese, gherkins, English mustard & aioli	
MEDITERRANEAN LAMB SLIDERS (3)	17.9
Minted tzatziki, tomato & pomegranate molasses	
PULLED PORK SLIDERS (3)	17.9
Battered onion rings & aioli	
VEGETARIAN SLIDERS (3) V	16.9
Marinated tofu, eggplant, tomato, cucumber & hummus	
<i>Add sweet potato fries w sun-dried tomato aioli & sour cream +9.9</i>	
<i>Add beer battered fries w tomato sauce +7.9</i>	
<i>Add beer battered fries w sweet chilli sauce & sour cream +9.9</i>	

salads

WARM QUINOA & POACHED CHICKEN SALAD GF	24.9
Quinoa, poached chicken, kale, cherry tomatoes, roasted pumpkin, sweet chilli peach vinaigrette drizzled w balsamic glaze	
CLASSIC CAESAR SALAD GFO	20.9
Crisp pancetta, baby cos lettuce, tortilla crisps, shaved parmesan, poached egg & Caesar dressing	
<u>w</u> grilled chicken	24.9
PRAWN & PEARL COUSCOUS SALAD	25.9
Warm grilled prawns, pearl couscous, zucchini, roasted capsicum, avocado, rocket, lemon & lime vinaigrette	
ATLANTIC SALMON NICOISE SALAD GF	25.9
Warm grilled Atlantic salmon, mixed leaves, chat potato, tomato, blanched beans, kalamata olives, soft boiled egg & sweet balsamic vinaigrette	
BEEF SALAD GF	24.9
Dukkah crusted scotch fillet w black-eyed beans, baby corn, Danish feta, mixed leaves, raddish, tomato cucumber & red wine vinaigrette	
LAMB BACK STRAP SALAD GF	26.9
Warm lamb back strap, shaved fennel, mixed leaves, baby spinach, cucumber, avocado, tomato, pomegranate, cashew nuts, Danish feta & mustard vinaigrette	
AMARANTH SALAD V GF	23.9
Warm amaranth, cherry tomatoes, broccoli, Spanish onion, pumpkin, avocado & miso-ginger vinaigrette	
VEGETARIAN SALAD V	20.9
Black-eyed beans, rocket, cucumber, raddish, mandarin segments, pumpkin seeds, zataar croutons, baby corn, soft goat cheese & tahini vinaigrette	
<u>w</u> grilled chicken	24.9

burgers

All burgers served w beer battered fries & tomato sauce

WAGYU BEEF BURGER GFO 24.9

Wagyu beef patty, pickles, caramelised onion, baby cos lettuce, tomato, beetroot, melted tasty cheese, bbq sauce & aioli

MEDITERRANEAN LAMB BURGER GFO 24.9

Spiced ground mince patty, baby cos lettuce, cucumber, tomato, minted tzatziki & pomegranate molasses

PULLED PORK BURGER GFO 24.9

Pulled pork, battered onion rings, baby cos lettuce, apple & ginger relish & aioli

CAJUN CHICKEN BURGER GFO 24.9

Grilled cajun chicken, baby cos lettuce, tomato, melted tasty cheese & hummus

FISH BURGER GFO 24.9

Grilled barramundi fillet, tartare sauce, baby cos lettuce, avocado & sweet chilli sauce

MARINATED TOFU BURGER V | GFO 22.9

Marinated tofu, eggplant, zucchini, baby spinach, avocado, tomato, Spanish onion, sun-dried tomato aioli served w sweet potato fries

LATTÉTUDE OPEN STEAK FOCACCIA GFO 24.9

Steak, caramelised onions, tomato, baby cos lettuce, fried egg, spiced plum sauce, aioli & beer battered fries

B-L-A-T GFO 19.9

Bacon, baby cos lettuce, avocado, fresh tomato, toasted ciabatta, beer battered fries & aioli

Pastas

PENNE BOSCAIOLA GFO 24.9

Bacon, mushroom, peas, light cream sauce & shaved parmesan

TRI-COLOUR FETTUCCINI GFO 24.9

Grilled chicken, broccolini, kalamata olives, sun-dried tomato pesto & soft goat cheese

GNOCCHI 24.9

Bacon, pink sauce & shaved parmesan

V Vegetarian

GF Gluten free

GFO Gluten free option upon request

Burger served on gluten free bread w garden salad

All GFO pastas replaced w gluten free penne pasta +3.0

SPINACH & RICOTTA RAVIOLI V	21.9
Napoli or light cream sauce	
Pine nuts & shaved parmesan	
<u>w</u> seafood	26.9
CHICKEN RISOTTO GF	25.9
Napoli or light cream sauce	
Peas, soft goat cheese & crispy pancetta	
SEAFOOD RISOTTO GF	26.9
Napoli or light cream sauce	
Broccoli, capsicum, caper berries & shaved parmesan	
MEDITERRANEAN VEGETABLE RISOTTO V GF	23.9
Napoli or light cream sauce	
Cherry tomatoes, pumpkin, baby spinach, eggplant, sumac Spanish onion, olives & minted tzatziki	

desserts

LEMON TART	12.9
Served <u>w</u> whipped cream, cherry compote, raspberry coulis & vanilla ice cream	
CHOCOLATE MUD CAKE	12.9
Served <u>w</u> cream anglaise, mascarpone cream, fresh strawberry & lemon sorbet	
ORANGE & ALMOND CAKE GF	13.9
Served <u>w</u> acai, runny cream, lemon curd, orange segments & natural yogurt	
DESSERT OF THE WEEK	12.9
<i>(please ask your wait person)</i>	
GELATO	1 Scoop 4.9 2 Scoops 7.9 3 Scoops 10.9
Chocolate, Vanilla, Snickers, Pistachio, Mango Sorbet, Lemon Sorbet	
Gluten Free - Chocolate, Lemon Sorbet GF	

V Vegetarian

GF Gluten free

GFO Gluten free option upon request

Burger served on gluten free bread w garden salad

All GFO pastas replaced w gluten free penne pasta +3.0

KIDS

all day everyday

★ 12 YEARS & UNDER ONLY ★

BREKKIE 12.0

Bacon or Lamb & Rosemary Sausage
Fried egg, English muffin, hash brown & tomato sauce

SCRAMBLED EGGS V | GFO 12.0

Served w English muffin & homemade baked beans

STRAWBERRY PANCAKES V 12.0

Served w maple syrup & vanilla ice cream

TOAST ~ English Muffin, Rustic Grain, Rye or Raisin V 5.0

Choice of Strawberry Jam, Peanut Butter, Vegemite or Honey

FRESH FRUIT BOWL V | GF 9.9

CORN FRITTERS V 12.9

Served w salad

DOUBLE CHEESE BEEF BURGER GFO 12.9

Served w beer battered fries & tomato sauce

CRUMBED CHICKEN STRIPS 12.9

Served w beer battered fries & tomato sauce

CHICKEN PASTA GFO 12.9

Penne pasta w grilled chicken, seasonal vegetables & Napoli sauce

GRILLED BARRAMUNDI GF 12.9

Served w garden salad, tartare sauce & lemon

LAMB CUTLETS GF 14.9

2 Grilled lamb cutlets w mushroom risotto, garden salad & minted tzatziki

ICE CREAM SUNDAE 9.9

Chocolate sauce, wafers, fresh strawberry, 100's & 1000's

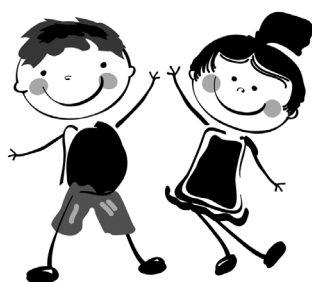
GELATO

1 Scoop 4.9 | 2 Scoops 7.9 | 3 Scoops 10.9

Chocolate, Vanilla, Snickers, Pistachio,

Mango Sorbet, Lemon Sorbet

Gluten Free - Chocolate, Lemon Sorbet GF



Kids drinks

GOLDEN VALLEY FRUIT DRINK 4.0
Orange | Apple | Apple & Blackcurrant

KIDS FRESH ORANGE JUICE 5.5

BANANA SMOOTHIE 5.5
Milk, honey & yogurt

KIDS MILKSHAKE 4.0
Chocolate | Strawberry | Vanilla
Caramel | Banana | Lime

KIDS THICKSHAKE 5.5
Chocolate | Strawberry | Vanilla
Caramel | Banana | Lime

KIDS SLURPY 4.5
Raspberry | Cola | Mango

HOT DRINKS

Hot Chocolate 4.2
Babycino 1.9